

Beanstalk is made-up of a team of specialist performing artists, all accomplished in their field with the mission to share the love of Art.

We are serving schools and communities with specialized Art enrichment classes, workshops and performances. Our classes offer students an opportunity to experiment and explore specific Art forms in a range of flexible formats. These classes can be developed as residencies in extension of the school curriculum or stand alone as enrichment program afterschool.

#### Drama

Students will enjoy learning Theater games and improvisational skills while working on performances. Students will practice dramatic exercises through creating their own stories, characters and scripts; these exercises offer a great way for children to interact with one another while letting their personalities shine. (Starting at 5 y old)

#### Circus Arts

Students will explore the different techniques of traditional circus Arts from juggling to acrobatics, balancing objects and physical comedy. Older children will develop awareness of the stage and audience and present their newly acquired skills in the context of a show. (Starting at 4 y old)

# Make me laugh!

For children who love to laugh and to make laugh, this is a physical comedy class introducing them to the art of acting and performing.

Using improvisation, mime and games, children will gain confidence and awareness of their body and personality to seduce their audience.

(Starting at 5 y old)

## Dance around the World

This is an introductory class to dance, students will explore body language, space, dynamic and connection with music and will journey through different dance traditions around the world. (Starting at 5 y old)

# Feet on the groove!

A journey through rhythm, students will discover how to use their body as an instrument, exploring body percussion dances from South Africa to New York! (Starting at 6 y old)

# Art in Motion

Students will cultivate their skills and expressive abilities through targeted exercises in painting and drawing, while also making animated artwork as a group. In this class, each student will experiment individually with a variety of fine arts media, developing his or her own unique vocabulary and slowly building a rich portfolio of work. Students will also learn to collaborate by creating a series of animated drawings and paintings in partnership with their peers. (Starting at 6 y old)

### Yoga

Students will be exposed to the essential benefits of Yoga practice and learn to channel their energy in a fun and creative way relevant to their age. Core activities include: breathing exercises, asanas (body postures) and meditation techniques. (Starting at 3y old)



# Complementary programs of school curriculum

#### For students of 2nd grade and up and articulated on school units:

#### Inquiry Theater program:

The Inquiry Theater program is an invitation to connect the class curriculum with the Theater form.

Working with the subject of inquiry developed in class, we take the children on a journey to explore the theatrical process of creation to discover a greater expression of ourselves, as individuals and as a group.

Essentially based on the body, the students will discover a physical language to express themselves and their ideas and learn new tools to play, act, interact and create with each other.

The program of inquiry offers an interesting perspective of Theater work on every unit of the school curriculum

The program unfolds in three parts: the Investigation, the Exploration and the Creation.

We based the program on a minimum of 8 weeks process with one meeting with the teachers and follow-up

-1 class once a week of 1hour (movement room or open space)

(Please contact us for further info)

## For preschoolers and younger grades:

## Interactive performances and workshops

Deeply rooted in the tradition of performing Arts and storytelling, our interactive performances and workshops in classrooms settings create an intimate atmosphere with children, stimulating their imagination and sense of wonder while expanding on what students have already discovered with their teachers, allowing them to reflect on specific subjects of inquiries and encouraging them to engage their take in their environment.

Examples of previously explored subjects in preschool:

- "The Story of the Little Giant Behind the Horizon Line" (an introduction to perspective)
- "The Little Theater of Shapes" (a poetic journey through lines and shapes)
- "I can see in the dark!" (Coping with and expressing fear)
- "The fabulous story of Mister Tic Tac and how his feet started to talk" (a fantasist approach of Rhythm and Tap dancing)